



**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** August 09, 2024

A meeting of the Women Cell was held in the Zoology department, attended by the conveners, president, secretary of the Women Cell, and Gender Champions.

**Agenda:**

To conduct an online webinar on "Menstrual Health and Hygiene" aimed at raising awareness about menstrual health and hygiene practices and addressing societal taboos on August 14, 2024, in room no. A12 at 10:40 am.

**Minutes:**

- The Women Cell and Gender Champions Club of St. Bede's College, Shimla will organise the webinar together with Unicharm India and Global Hunt Foundation.
- Mrs. Nitya Chaudhary, CSR Executive at Unicharm India, has been invited as the session's resource person.
- The webinar's objective will be to create awareness regarding menstrual health, hygiene practices, and the elimination of taboos surrounding menstruation.
- Duties were delegated to the President, Secretary of the Women Cell, and Gender Champions.

Ms. Unnatti Chauhan (**Convener**)

Dr. Jyotika Brari (**Member**)

Vrinda (President)

Mamta (Secretary)

Shefali Rapta (Gender Champion)

Diksha Uniyal (Gender Champion)

Astha Nresht (Gender Champion)

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29/8/24  
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St. Bede's College  
Shimla



**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** September 20, 2024

A meeting of Women Cell was conducted in the Economics Department with the convener, member, president and secretary of Women Cell and the gender champions on September 20, 2024.

**Agenda:**

Proposal for NISD sponsorship of workshops designed to foster intergenerational bonding among college students and senior community members.

**Minutes:**

During the meeting, it was collectively decided to organise a series of activities under the Women's Cell. A proposal titled "Promoting Intergenerational Bonding Among College Students" will be drafted for sponsorship by the National Institute of Social Defence. Tentative dates for these activities were finalised, and duties were assigned to all members present in the meeting..

Ms. Unnati Chauhan (**Convener**)

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St. Bede's College  
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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** October 5, 2024

A meeting of Women Cell was held in the Zoology Department with the conveners, president and secretary of Women Cell and the gender champions on October 5, 2024.

**Agenda:**

To commemorate the International Day of the Girl Child on October 10, 2024, the Women Cell and Gender Champion Club of St. Bede's College will organise a session on Menstrual Hygiene and Stress Management for students at Government Senior Secondary School, Sanjauli.

**Minutes:**


It was decided that the event would commence at 9:00 a.m., led by the President and Secretary of the Women Cell, along with all three Gender Champions, aiming to educate and empower students on vital health topics.


The Gender Champion Club members will deliver a PowerPoint presentation covering menstruation and stress management tailored to the challenges teenagers face in their career-building years. To promote engagement, two interactive activities will be held: one focused on developing healthy coping strategies for stress, and the other aimed at facilitating open discussions about menstrual health to raise awareness among peers.


Ms. Unnati Chauhan (Convener) 


Dr. Jyotika Brari (Member) 


Vrinda (President) 

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Astha Nresht (Gender champion) 

  
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St. Bede's College  
Shimla



**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** November 20, 2024

A meeting of Women Cell was held on November 20, 2024 in the Zoology Department with the convener, member, president and secretary of Women Cell, and the gender champions.

**Agenda:**

Commemoration of the "International Day for the Elimination of Violence Against Women" on November 25, 2024, with an engaging session to raise awareness about women's rights and empower young girls.

**Minutes:**

A session to commemorate the International Day for the Elimination of Violence against Women is scheduled for November 25, 2024, at 10:15 a.m. in the seminar room. Dr. Seema Kashyap, Associate Professor of Law at the University Institute of Legal Studies in Shimla, will be the resource person for this session, which will be attended by all students enrolled in the Women Cell.

Ms. Unnati Chauhan (**Convener**)

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Shimla



**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** November 20, 2024

A meeting of Women Cell was convened in the Zoology department with the convener, member, president and secretary of Women Cell, and the gender champions on November 20, 2024.

**Agenda:**

Discussion about the NISD, New Delhi sponsored workshop scheduled for November 27, 2024.

**Minutes:**

A workshop on intergenerational bonding is scheduled for November 27, 2024. All certificates, pamphlets, charts, and promotional materials will need to be designed and printed. The target audience for this workshop consists of 80 B.Com students. Specific duties were assigned to each member present at the meeting. Professor Sr. Molly Abraham, Principal of St. Bede's College, will serve as the first resource person, while Mr. Mohit Kumar, Assistant Professor from the Department of Psychology, will be the second resource person.

Ms. Unnati Chauhan (**Convener**)

Dr. Jyotika Brari (**Member**)

Vrinda (President)

Mamta (Secretary)

Shefali Rapta (Gender Champion)

Diksha Uniyal (Gender Champion)

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St. Bede's College  
Shimla





**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** November 24, 2024

A meeting of Women Cell was convened in the Economics department with the convener, member, president of Women Cell, and the gender champions on November 24, 2024.

**Agenda:**

Awareness drive on emergency response to quick access to services to be organised on November 27, 2024.

**Minutes:**

It was collectively decided that the Gender Champions would be raising awareness on campus using placards that highlighted key helpline numbers:

- **100** - Police helpline
- **101** - Fire emergency helpline
- **102** - Medical assistance helpline
- **112** - National emergency helpline (fire, police, medical)
- **1091** - Women's helpline (domestic violence, sexual abuse, harassment)

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SESSION: 2024-2025  
MINUTES OF MEETINGS

**Date:** November 28, 2024

A meeting of Women Cell was convened in Room No. 12 with the convener, member, president and secretary of Women Cell, and the gender champions on November 28, 2024.

**Agenda:**

Organise social media campaign to promote women's rights in college  
Discussion about the workshop scheduled for December 4, 2024

**Minutes:**

The Women Cell and Gender Champions created an Instagram Reel to promote women's rights in college encouraging students to share it in WhatsApp groups. The Reel showcased diverse students holding signs that highlighted key laws, including:

- Dowry Prohibition Act (1961)
- Medical Termination of Pregnancy Act (1971)
- Prohibition of Child Marriage Act (2006)
- Protection of Women Against Domestic Violence Act (2005)

The members unanimously chose the theme of "Igniting Change For Women's Rights on Campus"

A workshop on intergenerational bonding is scheduled for December 4, 2024. All certificates, pamphlets, charts and promotional materials will need to be designed and printed. The target audience for this workshop consists of 80 B.Sc students. Specific duties were assigned to each member present at the meeting. The workshop will have Ms. Unnatti Chauhan and Ms. Jagriti Sharma, Assistant Professors in the Departments of Economics and Psychology St. Bede's College, respectively, as Resource Persons.

Ms. Unnatti Chauhan (Convener)

Dr. Jyotika Brari (Member)

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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** November 30, 2024

A meeting of the Women's Cell was held in Room No. B12 on November 30, 2024, with the conveners, president, secretary, and members of the Women's Cell, along with the Gender Champions and the convener, president, and secretary of the Health Club.

**Agenda:**

An awareness session on Breast and Cervical Cancer will be held in the Seminar Room on December 6, 2024, in collaboration with the TYACAN Foundation.

**Minutes:**

The committee collectively decided to organise the activity in the seminar room. The Health Club convener informed that Ms. Minnie Singh from the TYACAN Foundation would serve as the resource person, accompanied by Ms. Simran Jagga, a counselling psychologist, and Ms. Shivali, a dedicated volunteer and social worker with TYACAN. The event is scheduled to begin at 10:30 AM, with specific responsibilities assigned to students to ensure smooth execution. All the students of the Health Club and Women Cell will attend this event.

Ms. Unnatti Chauhan (Convener of Women Cell)

Dr. Jyotika Brari (Member of Women Cell)

Dr. Kusum (Convenor of Health Club)

Dr. Vishal Chauhan (Member of Health Club)

Shagun Sharma (President of Health Club)

Vidhi Luhach (Secretary of Health Club)

Vrinda (President of Women Cell)

Mamta (Secretary of Women Cell)

Shefali Rapta (Gender Champion)

Astha Nresht (Gender Champion)

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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** December 7, 2024

A meeting of the Women Cell was held in the Zoology department with the conveners, president and secretary of the Women Cell, and the gender champions on December 7, 2024.

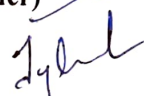
**Agenda:**

Discussion about the workshops scheduled for December 11 and December 17, 2024


**Minutes:**


The two workshops on intergenerational bonding are scheduled for December 11, 2024, and December 17, 2024. All certificates, pamphlets, charts and promotional materials will need to be designed and printed. Specific duties were assigned to each member present at the meeting. The Resource Persons finalised for the workshop on December 11, 2024, will be Ms. Jyoti Rana, ADM Shimla, Government of Himachal Pradesh, and Ms. Pratiksha Tomar, Assistant Professor, Department of Psychology, St. Bede's College. For the workshop on December 17, 2024, it was decided that resource persons will include Mrs. Sharu Gupta Sehgal, a freelancer, counsellor, and psychologist, and Dr. Jyotika Brari, an Assistant Professor in the Department of Zoology, St. Bede's College.


Ms. Unnati Chauhan (**Convener**) 

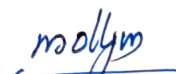
Dr. Jyotika Brari (**Member**) 

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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** December 12, 2024

Women Cell and UBA (Community Outreach) meeting was held in the Physical Education department on December 12, 2024, with the conveners, president and secretary of the Women Cell, and the gender champions alongwith the convener, president, and secretary of the Community Outreach.

**Agenda:**

Christmas Celebrations in collaboration with the UBA Cell in the adopted Panchayat schools on December 18, 2024

**Minutes:**

A joyful Christmas celebration will be organised at the Government Primary School in Dhanain and the Government Middle School in Panjog, both located in Dhalli Panchayat. The event will be graced by the presence of the college principal, Professor Sr. Molly Abraham, along with faculty members and students. An interactive session with the school students and teachers will be arranged. The celebrations will feature a series of engaging activities, and sweets and stationery will be distributed to each student.

Ms. Unnati Chauhan (**Convener of Women Cell**)

Dr. Jyotika Brari (**Member of Women Cell**)

Dr. Ashwani (**Convener of Community Outreach**)

Dr. Kusum (**Member of Community Outreach**)

Vrinda (President of Women Cell)

Mamta (Secretary of Women Cell)

Sanyogita Chauhan (President of Community Outreach)

Deeya Bali (Secretary of Community Outreach)

Diksha Uniyal (Gender champion)

Astha Nresht (Gender champion)

Shefali Rapta (Gender Champion)

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St. Bede's College  
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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** February 10, 2025

A meeting of the Women Cell was held in the Zoology department with the conveners, president and secretary of the Women Cell, and the gender champions on February 10, 2025.

**Agenda:**

An awareness drive to commemorate National Women's Day on February 13, 2025


**Minutes:**


The members present in the meeting decided that National Women's Day will be celebrated through an awareness drive which will highlight Sarojini Naidu's legacy and the importance of gender equality. The event can include interactive discussions, poster exhibitions, and pamphlets showcasing women's contributions to society. The initiative will effectively create awareness and encourage students to be more conscious of gender-related issues in their communities.


Ms. Unnati Chauhan (Convener) 

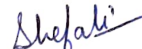
Dr. Jyotika Brari (Member) 

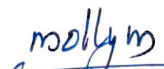
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12/2/25  
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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** February 15, 2025

A meeting of the Women Cell took place in the Zoology department on February 15, 2025, attended by the conveners, president, secretary, and gender champions.

**Agenda:**

Organising workshop sponsored by the NISD, New Delhi on February 19, 2025, and February 25, 2025.

**Minutes:**

The final two workshops on intergenerational bonding are set for February 19 and February 25, 2025. All certificates, pamphlets, charts, and promotional materials need to be designed and printed in advance. For the workshop to be held on February 19, 2025, the confirmed resource persons are Dr. Shonali Sud, retired Associate Professor and Head of the Department of Psychology at St. Bede's College, Shimla, and Ms. Pankhuri Bhattnagar, Assistant Professor at the University of Legal Studies, Chaura Maidan, Shimla. On February 25, 2025, the workshop will be Dr. Seema Kashyap, Associate Professor at the University of Legal Studies, Chaura Maidan, Shimla, along with Dr. S.N. Ghosh, Professor in the Department of Psychology at Himachal Pradesh University (HPU). Specific duties have been assigned to each member present at the meeting to ensure the smooth execution of these workshops.

Ms. Unnati Chauhan (**Convener**)

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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** March 3, 2025

Women Cell, Computer Science Department of St. Bede's College and UBA (Community Outreach) meeting was held in the Computer Department on March 3, 2025, with the conveners, president and secretary of the Women Cell, and the gender champions alongwith the convener, president, and secretary of the Community Outreach and faculty members of Computer Science Department.

**Agenda:**

Celebration of International Women's Day

**Minutes:**

The members collectively decided that International Women's Day would be celebrated at St Bede's College, and also an outreach programme at Gram Panchayat, Dhalli would be organised to commemorate this meaningful day. The activities will include a PowerPoint presentation on the historical significance of the day and a musical play by the students on a woman's journey through different stages of life. It was decided that an outreach program under the aegis of UBA would be organised by visiting the Gram Panchayat, Dhalli. The students of the Computer Science Department volunteered to give a PowerPoint presentation on digital literacy.

Ms. Unnati Chauhan (**Convener of Women Cell**)

Dr. Jyotika Brari (**Member of Women Cell**)

Ms. Neha Walia (**HoD of Computer Science**)

Ms. Nivedita (**Faculty member, Computer Science**)

Dr. Ashwani (**Convener of Community Outreach**)

Dr. Kusum (**Member of Community Outreach**)

Vrinda (President of Women Cell)

Sanyogita Chauhan (President of Community Outreach)

Deeya Bali (Secretary of Community Outreach)

Shafali Rapta (Gender Champion)

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St. Bede's College  
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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** March 10, 2025

Women Cell and Computer Science Department of St. Bede's College meeting was held in the Computer Department on March 10, 2025, with the conveners, president and secretary of the Women Cell, and the gender champions alongwith faculty members of the Computer Science Department.

**Agenda:**

Celebrate the 50<sup>th</sup> International Women's Day from March 8-15, 2025

**Minutes:**

To mark the 50<sup>th</sup> International Women's Day from March 8-15, 2025, the Women Cell initiated a collaborative activity with the Department of Computer Science. The faculty members and students unanimously agreed to organise a book review event on March 13, 2025. It was decided that the students could review any book authored by women. This event will be organised in the Computer Department laboratory.

Ms. Unnati Chauhan (**Convener of Women Cell**)

Dr. Jyotika Brari (**Member of Women Cell**)

Ms. Neha Walia (**HoD of Computer Science**)

Ms. Nivedita (**Faculty member, Computer Science**)

Vrinda (**President of Women Cell**)

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10/3/25  
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**SESSION: 2024-2025**  
**MINUTES OF MEETINGS**

**Date:** March 12, 2025

A meeting of the Women Cell took place in the Zoology department on March 12, 2025, attended by the conveners, president, secretary, and gender champions.

**Agenda:**

Celebrate the 50<sup>th</sup> International Women's Day from March 8-15, 2025

**Minutes:**

To mark the 50<sup>th</sup> International Women's Day from March 8-15, 2025, the Women Cell members came up with several ideas, but it was decided to organise a movie screening. The students finalised the movie "Hidden Figures" which highlights the remarkable contributions of women in the fields of science, technology, engineering, and mathematics (STEM). The screening will take place in room B12 at 10:40 am

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